

Preoperative Instructions: IV Sedation

1. Please **DO NOT:**

- ☐ Eat or drink for at least 6 hours prior to your procedure.
 - ☐ Wear long sleeves or binding clothing.
 - ☐ Wear excessive makeup or jewelry.
 - ☐ Have fingernail **OR** toenail polish. Please note, for your safety during surgery, *we may have to remove polish.*
 - ☐ Drive a motor vehicle or make important decisions 24 hours after your procedure.
 - ☐ There will be a 15 pre-operative monitoring period and then a 15-minute post-operative monitoring period to ensure vitals are within a safe range before and after sedation. This will be included in your sedation charge.
2. Arrive 15 minutes prior to your scheduled appointment.
3. If you were prescribed a Medrol Dose Pack and/or antibiotics, start taking these medications 24 hours prior to your procedure with breakfast.
4. In the event you have any flu/cold symptoms, sore throat, or other illnesses, please call our office immediately to reschedule your procedure.
5. Ensure you have a responsible adult to accompany you to your procedure and remain with you after your procedure at your home for at least 12 hours. All minors must be accompanied by their parent(s) or legal guardian.
6. Your driver will need to stay on the premises during your procedure.
7. You may take your regularly scheduled medications prescribed by your physician before surgery with a small sip of water.
8. Please be sure to consult with your physician and our doctor if you take any of the following medications: Aspirin, blood thinners (Coumadin, Plavix, Xarelto, etc.), or insulin.
9. If these protocols are not followed, your surgery may be subject to cancellation or rescheduling.

I, , have read and understood the above information. I understand failure to abide by this information could result in the cancellation of my procedure and a cancellation fee at The Grapevine Dentist's discretion.

Patient Signature:

Date: